



Cancer Institute (WIA)

Adyar, Chennai, Tamil Nadu

Youth Health Mela 2026

29th to 31st January 2026 at Anna Centenary Library, Chennai

Instructions and Guidelines for Workshops

1. **Eligibility for Application**

Applications to convene a workshop may be submitted by an individual or a team from any institution or organization.

2. **Target Audience**

Workshops must be designed for representatives from organizations or departments involved in policy-level decision-making and/or advocacy activities related to health.

3. **Workshop Theme**

Each workshop must focus on one of the event's core areas:

- Substance Abuse (Tobacco & Alcohol)
- Diet and Nutrition
- Physical Inactivity & Exercise
- Personal Hygiene
- Clean Environment & Healthy Community

4. **Selection of Workshops**

A maximum of six workshops will be selected—two workshops per focus area—by an expert judging panel.

5. **Duration**

The maximum permitted duration for each workshop is 3 hours.

6. **Speakers**

Each workshop can have up to four speakers.

7. **Capacity**

Workshop participants will be limited to 60 attendees per workshop.

8. **Speaker Presentations**

Each speaker may present for a maximum of 30 minutes, followed by a 5-minute discussion.

9. **Venue and Setup**

A fully equipped audio-visual room with theatre-style seating will be provided by the organizers.

10. **Responsibility of Conveners**

Workshop conveners are responsible for:

- Identifying and organizing speakers
 - Handling speaker logistics (travel, accommodation, honorarium, if applicable)
11. **Mobilizing Participants**
Conveners are responsible for mobilizing participants for the workshop
12. **Publicity**
The event organizers will undertake overall event publicity.
Conveners are encouraged to promote their workshop within their networks as well.
13. **Conflict of Interest**
Speakers must not have any direct or indirect affiliation with organizations that conflict with the values or objectives of the event.
14. **Special Requirements**
Any special requirements (technical, seating, materials, etc.) must be communicated to the organizers in advance.
Additional arrangements will be considered case-by-case.
15. **Prohibited Activities**
- No product or brand promotion
 - No display or sale of products
 - No sample distribution
- These restrictions apply within the workshop venue and throughout the event.
16. **Eligibility of Partners and Sponsors**
Event partners, sponsors, and members of the organizing committee may apply to conduct workshops, but must undergo the same selection process. No automatic rights to convene a workshop will be granted.
17. **Commercial Interest Restriction**
Workshops involving any element of brand promotion or commercial benefit will be automatically rejected.
18. **Submission Fees**
Submission and convening of a workshop are free of cost.
19. **Behavioral Code**
It is strongly recommended that volunteers, participants, conveners, speakers, event staff, and contributors do not engage in tobacco use, alcohol consumption, or junk food consumption within 500 meters of the event venue.
Institutions are responsible for ensuring adherence by their team members.
20. Certificates of participation will be provided to all registered workshop participants at the end of the event.

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